



## SHOCKER TRACK CLUB

2025 Youth Track & Field SUMMER (June and July) OUTDOOR Season

**PROGRAM UPDATE**

**May 21, 2025**

*This document is an update of the expected Outdoor program particulars for June and July. Relevant sections of this document and the final Outdoor Informational Registration Packet may change as necessary, including practice dates, times, locations, and activities. Contact us to verify various aspects of the program.*

Questions – Contact Darren Muci at (316) 993-6824 or [youth@shockertrackclub.com](mailto:youth@shockertrackclub.com)

### Practice Locations -

**Beginning Monday, June 2, 2025, practices will be held at Wichita Heights High School located at 5301 N. Hillside, Wichita KS 67219.** Our backup location remains inside the Wichita State University Heskett Center.

Wichita Heights High – Athletes MUST bring PLENTY of water as there are no water fountains. Restroom access is limited.

Wichita State University Heskett Center – The Heskett Center track IS NOT air conditioned. Restrooms and water fountains are available.

### What We Do –

In June and July STC will provide training in Sprints, Distance, Hurdles, Throws (Shot Put/Discus/Javelin), High Jump, and Long/Triple Jump. Pole Vault may be added if Coaches and a Facility become available.

### Track and Field Practice and Training Program Schedule -

All weekday practices in June and July are held from 630p to 815p. Expected practice dates are as follows -

June (13) practices – 2, 3, 4, 9, 10, 11, 16, 17, 17, 23, 24, 25 and 30 – Monday, Tuesday and Wednesday

July (14 ) practices – 1, 2, 7, 8, 9, 14, 15, 16, 21, 22, 23, 28, 29 and 30 – Monday, Tuesday and Wednesday

### Track Meets –

Participation in track meets is optional, voluntary and at the expense of the athlete/parent unless noted otherwise. STC Leadership will generally register all athletes in meets for the cost of the meet and any administrative fees required by Meet Management. Track meet costs are different for each meet, and range from as little \$5 per event, to a flat fee for multiple events of up to \$40. STC Youth Team members must purchase and wear a Yellow STC Team Jersey (\$10) and black shorts (design of your choice) to compete in meets. Select STC Coaches will attend the listed meets and take appropriate support equipment. Expected track meets are -

- June Oklahoma City OK (7<sup>th</sup> or 14<sup>th</sup>) and Kansas City MO (21<sup>st</sup>)

- July Catoosa, OK (10<sup>th</sup> – 13<sup>th</sup>)

### Our Leaders and Coaches -

All STC Leadership Members and Coaches are USATF Members, have passed a USATF/NCSI background check, and have completed the United States Olympic Committee (USOC) SafeSport Training. Our Expected June and July Leaders and Coaches are: Team Director (Darren Muci); Team Operations Director (Gilda Muci–USATF Level 1 Certified), Team Dad (Ric Rocker), Serle McNeil (Collegiate Recruiting Information Mom), Alex Muci, Ma'Liyah Anderson and Rajiv Foster (Sprints), Jaleel Montgomery, Gabriela Millan and Adryana Shelby (Hurdles), Ashley Clothier Stevenson, Shelby Evans (USATF Level 1 Certified), and Lauren McNeil (Distance), Michael Draut and Gabriela Millan (High Jump), Cedric Shell and Walter Givens (Horizontal Jumps), Chris Mick, Sophia Frisch, and Marvin Estes (Throws).

### Parent Information -

Parents of paid Youth Team members receive weekly Newsletters with additional current information.