



www.ShockerTrackClub.com

2018 SHOCKER TRACK CLUB

7th Annual

Halloween Throws Pentathlon

"A Scary Throwing Time!"

Saturday, October 20, 2018

For Collegiate, Open, Elite, Masters AND Youth Throwers
USA Track & Field Sanctioned with Certified Officials



Wichita State University Cessna Stadium

Check-in at STC Tent near Long Throws Ring and Javelin Runway south of Charles Koch Arena

Competition Locations

Hammer, Discus, Javelin and Weight Throw (Throws Field southwest of WSU Cessna Stadium)
Shot Put (Cessna Stadium Shot Put Ring)

Wichita State Heskett Center is the back-up location for weather challenges.

Cost

Adult - \$25 per person // Youth - \$20 per person

Includes Event T-Shirt, bottled water, chocolate milk and lunch!

Compete in all 5 events (3 events for Youth) or choose the event(s) in which you wish to compete!

At the Pentathlon, pay in cash, or check made payable, to: Shocker Track Club Inc.

Print this complete Information Form and complete the separate ONLINE Registration Form information to submit online.

Registration Deadline October 17, 2018



Halloween Throws Pentathlon

Adult Athlete Event Schedule

8:30 a.m. Registration and Implement certification and warm-up
9:30 a.m. Competition Begins - Women followed by Men
Order of events: Hammer, Shot Put, Discus, Javelin, Weight Throw
Four (4) Throw Final Competition Method

NEW THIS YEAR - Youth Athlete Event Schedule

8:30 a.m. Registration and Implement certification and warm-up
9:30 a.m. Competition Begins – Women/Girls followed by Men/Boys (fields may be combined)
Order of events: Shot Put, Discus, Javelin (or Turbo Jav)
Four (4) Throw Final Competition Method

Additional Information

Masters and Youth Athletes MUST bring own implements (some implements may be available)
Implement Certification begins at 8:30 a.m.
Fun Prizes Awarded!!

Fun Competitions and Prizes!!

Implement Bullseye Contest during Each Event!
Apple and Pumpkin Contests!
Best Costume Contest!

Questions?

(Collegiate and Elite athletes) John Hetzendorf (316) 519-5182 or jhetzendorf@goshockers.com
(Open, Masters and Youth athletes) Darren Muci (316) 993-6824 or president@shockertrackclub.com

