

Track & Field Combine

sponsored by **The Shocker Track Club**
and **Optimal Performance**

January 6, 2018

Saturday, 12:00 pm– 4:00 pm

Wichita Sports Forum 2668 N. Greenwich Ct.

Athletes-come and be seen by college coaches while displaying your talents in an “all-around” type athletic exhibition of your skills. Learn collegiate rules and the recruiting process.

Open to all track & field event athletes for high school grades 9-12

Events tested: Flying 30m, 40 yard dash, Broad Jump, Vertical Jump and more!

Items to bring: running shoes, spikes and water bottle.

Guest Speakers:

WSU Track and Field - College Recruitment

Mid America Orthopedics - Injuries and Physical Therapy

Optimal Performance - Training and Nutrition

Athlete Fee—pre-register \$35 before December 22. \$50 after December 23.

Limited to first 250 athletes.

SIGN UP by contacting Willy Lucero, MEd, USAW with Optimal Performance

willy@opteamfit.com 1-785-580-6782



www.shockertrackclub.com



www.OPteamfit.com