

Registration Form SHOCKER TRACK CLUB

**Wichita Masters/Open Track & Field Meet
USATF Missouri Valley Assoc. Masters Championships
Saturday, September 24, 2016**



**Cessna Stadium, Wichita State University,
Wichita, Kansas
East of N. Hillside on 21st Street**



**Entry Fee: \$35 per Athlete (5 Events) \$5 per Additional Event
Youth Pole Vault \$10.**

USATF Sanctioned

Online Registration: Coming Soon!!! (I will email the link soon.)
Online Registration will be accepted until Tuesday, September 20th at 10:00 a.m.
Checks will be accepted the day of the meet.
Email Registration: Larry at STCsprinter@gmail.com

To Register by Mail, Complete this form along with Liability Waiver and Mail to:
Shocker Track Club (Attention: WSU Track & Field) 1845 Fairmount, Wichita KS 67260
Checks made payable to "Shocker Track Club, Inc."
Registration by Mail Must Be Postmarked Saturday, Sept 17th

The meet is open to all men and women ages 19 through 90+ including Open athletes ages 19-29. Masters athletes ages 30 and older will compete in 5-year age groups (i.e. 30-34, 35-39 and so on). Several age groups may race in the same race/final. Medals awarded according to Age Group. **Age, as of 9/24/16 To receive a USATF Championships Medal, athletes must have a current USATF Membership. Non USATF members will receive Wichita Master/Open medals.**

I want to participate in the following events: *(Runners, Please list your running event times for heating purposes.)*

- | | | | | |
|------------------------------------|---|--|---|---|
| <input type="checkbox"/> 55 Meter | <input type="checkbox"/> 800 Meter | <input type="checkbox"/> 300 M Hurdles | <input type="checkbox"/> Long Jump | <input type="checkbox"/> Shot Put |
| <input type="checkbox"/> 100 Meter | <input type="checkbox"/> 1500 Meter | <input type="checkbox"/> 400 M Hurdles | <input type="checkbox"/> Standing Long Jump | <input type="checkbox"/> Discus |
| <input type="checkbox"/> 200 Meter | <input type="checkbox"/> 3000 Meter | <input type="checkbox"/> 1500 M Racewalk | <input type="checkbox"/> Triple Jump | <input type="checkbox"/> Weight Throw |
| <input type="checkbox"/> 300 Meter | <input type="checkbox"/> 5000 Meter | <input type="checkbox"/> Javelin | <input type="checkbox"/> Pole Vault | <input type="checkbox"/> Super Wt Throw |
| <input type="checkbox"/> 400 Meter | <input type="checkbox"/> 55/80/100/110
M Hurdles | <input type="checkbox"/> High Jump | <input type="checkbox"/> Hammer | <input type="checkbox"/> 4X100 Relay |

_____ Relay Team Name

Name: _____ Women's ___ Men's ___ USATF Member # _____

Date of Birth _____ Age Group _____ Phone: _____

(As of 09/24/2016)

Address _____ Email Address _____

T-Shirts (Included for Masters/Open.) (Youth: \$12)

Size: ___ Sm ___ Med ___ Lg ___ XL ___ XXL ___ XXXL

Schedule of Events

SHOCKER TRACK CLUB

The Wichita Masters/Open Track & Field Meet
USATF Missouri Valley Assoc Masters Championships
Saturday, September 24, 2016

Cessna Stadium, Wichita State University,
Wichita, Kansas
East of N. Hillside on 21st Street



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FIELD EVENT SCHEDULE

- 9:00 ----- THROWS IN FOLLOWING ORDER: Hammer Throw, Weight Throw,
Super Weight Throw, Discus, Shot Put
- 9:00 ----- YOUTH POLE VAULT *Progressive heights from the youngest participant's ability.*
- 10:00----- Javelin (To be run simultaneously with Throws)
- 11:00 ----- IN FOLLOWING ORDER: Long Jump, Standing Long Jump, Triple Jump
- 12:00 ----- MASTERS Pole Vault, High Jump

1:00 P.M. Opening Ceremony

Includes Recognition of medallists in each of the Field Events.

1:10 P.M. Running EVENTS

Youngest to Oldest, Women, then, Men through each age group.

FAT times for the following running events:

- 1:10 ----- Envision 100 Meter Dash
- 1:15 ----- 3000 Meter Run
- 1:30 ----- 100 Meter Dash (Masters & Open)
- 1:45 ----- 800 Meter Run
- 2:00 ----- 55 Meter Dash
- 2:15 ----- 55/80/100/110M Hurdles
- 2:35 ----- 200 Meter Dash
- 2:50 ----- 1500 Meter Racewalk
- 3:15 ----- The Francois Boda 300 M Dash 300/400 M Hurdles
Combo Challenge (Francois runs the 400 M Dash)
- 3:30 ----- 1500 Meter Run
- 3:45 ----- 400 Meter Dash
- 4:00 ----- 5,000 Meter Run
- 4:30 ----- 4X100 Relay



Events will be run according to the above time schedule. No rolling schedule will be applied.

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Age, as of 9/24/16.

Contact: Larry Staton, Email: STCsprinter@gmail.com Phone: 316-214-4655

Liability Waiver
(Must be signed to compete in The Wichita Masters/Open Meet)

In consideration of being allowed to participate in, or assisting others in participating in **The Wichita Masters/Open Meet**, its related events and activities, the undersigned acknowledges, appreciates, and agrees that: **1.** The risk of injury involved in this program is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, **2.** I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of the releasees or others, and assume full responsibility for my participation; and **3.** I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and, **4.** I, for myself, and on behalf of my heirs, assign personal representatives and next of kin, hereby release and hold harmless **The Shocker Track Club, Inc.**, their officers, officials, agents and/or employees, other participants, sponsoring agencies, advertisers, sponsors, and, if applicable, owners and lessors of premises used to conduct the event (“releasees”), and in particular, **Wichita State University**, with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from the negligence of the releasees or otherwise.

I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

SIGN HERE TO PARTICIPATE

***** _____ *****
Participant’s Signature Name of Participant Date
Or, Parent/Guardian’s Signature

By affixing my signature hereto, I attest that I am physically fit and have trained sufficiently for the activities in which I intend to participate and the events I have chosen to enter. The Shocker Track Club, Inc. and its representatives, employees, and volunteers have permission to obtain immediate medical care and I consent to hospitalization, the performance of necessary diagnostic tests, the use of surgery, and/or the administration of drugs in an emergency. I understand that I am responsible for payment of medical expenses.

Name of Insurance Policy: _____

Physician’s Name: _____ Physician’s Phone #: _____

Emergency Contact Person: _____ Relationship: _____

Emergency Contact’s Phone #: _____