 

The Shocker Track Club Masters/Open Team operates under the auspices of the Shocker Track Club Board of Directors. Separate indoor and outdoor seasons provide opportunities for year-round training and competition.

**The Mission** of the Shocker Track Club Masters/Open Team is…

* to provide opportunities for post collegiate and mature athletes to compete in track and field under USATF rules and guidelines.
* to foster an encouraging and friendly competitive environment which facilitates the accomplishment of personal goals.
* to help members realize the benefits of a lifetime commitment toward physical fitness and maintenance of a healthy lifestyle.

**“Active, Healthy Lives through Discipline & Commitment to Goals and Encouragement to Others”**

# USATF Affiliation

The Shocker Track Club is affiliated with USA Track & Field through the Missouri Valley Association. Membership in USATF is not required for Shocker Track Club Masters/Open team members, but it is strongly encouraged because of the many benefits. Details are available at www.USATF.org.

# Mission and Vision

Masters Team

#### ShockerTrackClub.com

Shocker Track Club

2013-2014

Masters/Open Team committee meetings are held quarterly. Watch ShockerTrackClub.com for details.

The Shocker Track Club (STC) is a 501(C)(3) organization that helps support Wichita area Track and Field and Cross Country activities.

### Coaching and Practice

Practice and workout strategies have been developed by the Wichita State University Track & Field Coaching staff along with input from experienced and nationally recognized Masters athletes. Practice time is available during the indoor season at the Wichita State University Heskett Center and Wichita State University Cessna Stadium during the outdoor season.

**Leadership Committee Meetings**

This membership includes a Shocker Track Club black singlet and access to the Wichita State University Heskett Center for indoor practice time between mid-November and mid-February on select days from 430p to 600p.

The Shocker Track Club Masters/Open team is managed by the Director who is the Chair of the leadership committee. The committee is responsible for planning meets, training activities for athletes, oversight of membership activities, fundraising, and co-direction of STC Masters/Open home meets.

This membership includes all of the benefits of the Black Membership plus access to the WSU Cessna Stadium track for evening practice between mid-April and mid-July from 630p to 800p on Monday, Tuesday, and Wednesday. This membership also offers free participation in the WSU Summer Series Track Meets (Thursday nights) at Cessna Stadium during June and July. In addition, all STC Gold Members receive a 25% discount on registrations for STC sponsored meets.

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# STC Gold Membership – $100 annually

# Volunteerism - Priceless

STC members are asked to help with at least one WSU T&F meet on the schedule. WSU Track and Field coaches and athletes help make STC sponsored Masters meets & practices possible. We love WSU T&F!

Shocker Track Club

# STC Black Membership - $50 annually

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### Program Manager

LEADERSHIP

MASTERS/OPEN PROGRAMS